

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Luyten Sjobbe

Coaches: Moors Joren HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 50M BACKSTROKE WOMEN							Heat:4, starttime: 11:14		
Heat: 4/8 Lane : 8 Athlete: SPRANGERS KATO							Q-time: 00:32:27		
PB (50m pool): 00:32.27 Antwerpen 22/03/2026							PB (25m pool): 00:31.41 SB: 00:32.27 Antwerpen 22/03/2026		
	5 0 M								
PB	00:32.27								
	00:32.27								
									

Coach feedback: